

Whole School RSHE (PSHE) Curriculum Map 2020-21

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Topic	<u>Being Me in My World</u>	<u>Celebrating Differences</u>	<u>Dreams & Goals</u>	<u>Healthy me</u>	<u>Relationships</u>	<u>Changing me</u>
Year 1	I understand my rights and responsibilities within our Learning.	I can tell you some ways I am different from my friends.	I can tell you how I felt when I succeeded in a new challenge and how I celebrated it I can tell you why.	I think my body is amazing and can identify some ways to keep it safe and healthy.	I appreciate someone who is special to me.	I can identify the parts of the body that make boys different to girls and can use the correct names for these.
Year 2	I understand how following the Learning Charter will help me and others learn.	I can identify some ways in which my friend is different from me.	I can explain some of the ways I worked cooperatively in my group.	I can make some healthy snacks and explain why they are good for my body.	I can identify some of the things that cause conflict between me and my friends.	I can recognise the physical differences between boys and girls, use the correct names for parts of the body and appreciate that some parts of my body are private.
Year 3	I understand my actions affect others and try to see things from their points of view	I can tell you about a time when my words affected someone's feelings and what the consequences were	I can evaluate my own learning process and identify how it can be better next time	I can identify things, people and places that I need to keep safe from, and can tell you some strategies for keeping myself safe including who to go to for help	I can explain how some of the actions and work of people around the world help and influence my life	I can identify how bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up
Year 4	I understand how democracy and having a	can tell you a time when my first impression of	I know how to make a new plan and set new goals	I can recognise when people are putting me under	I can explain different points of	I can identify what I am looking forward

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	voice benefits the school community	someone changed as I got to know them	even if I have been disappointed	pressure and can explain ways to resist this when I want to	view on an animal rights issue	to when I am in Year 5
Year 5	I understand how democracy and having a voice benefits the school community and know how to participate in this	I can explain the differences between direct and indirect types of bullying	I can describe the dreams and goals of a young person in a culture different from mine	I can describe the different roles food can play in people's lives and can explain how people can develop eating problems (disorders) relating to body image pressures	I can explain how to stay safe when using technology to communicate with my friends	I can describe how boys' and girls' bodies change during puberty
Year 6	I understand how democracy and having a voice benefits the school community	I can explain ways in which difference can be a source of conflict or a cause for celebration	I can describe some ways in which I can work with other people to help make the world a better place	I can evaluate when alcohol is being used responsibly, anti-socially or being misused	I can recognise when people are trying to gain power or control	I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born