

# Virtual Sports Week II: Olympics Edition

Monday 22nd to Friday 26th June



Monday 22nd	Tuesday 23rd	Wednesday 24th	Thursday 25th	Friday 26th
Standing Long Jump	Jumping Combination	Vertical Wall Jump	Target Throw	Shuttle Runs
Science	English	DT	Geography	Art



Thursday is our FANCY DRESS day! Do your activity in fancy dress and then tweet us your #healthyselfie photo!



# Virtual Sports Week II: Olympics Edition

Welcome to 2019/20 Ebor Olympics! Like many things this year, the Olympics has unfortunately been postponed due to the coronavirus. This, however is not going to stop us having our very own Olympic games celebration!

Have a look at the timetable to see what we have planned and then follow the information on each slide. Each day will be made up one of PE activity and also another subject task to complete!

This time you are in your class teams and you will be competing against the other classes in your school. Each class has also been allocated a country that they are going to represent. Please see the next slide to see which country your class is representing.

**Other subject: If you tweet a picture of your completed task your team will gain an extra 20 points!!**

On **Thursday** we are going to do a special fancy dress day! If you wear fancy dress while doing your challenge please tweet us a photo to show us. (#healthyselfie)

All scores **MUST** be in by the end of the week - **Friday 26th June**. If you have any questions, please contact your class teacher.

# Who is who?

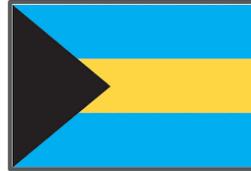
Team Esk/Nidd = Japan



Team Aire = Peru



Team Ouse = Bahamas



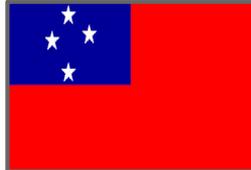
Team Derwent = Cameroon



Team Foss = Finland



Team Calder = Samoa



Team Humber = Indonesia





# This Week's Timetable



Monday 22nd

**PE Activity:**  
Standing Long  
Jump

**Science:**  
Healthy Eating  
Plan

Tuesday 23rd

**PE Activity:**  
Jumping  
Combination

**English:**  
Olympic Rules

Wednesday 24th

**PE Activity:**  
Vertical Wall  
Jump

**DT:**  
Olympic flag  
and medal

Thursday 22nd

**PE Activity:**  
Target Throw  
Challenge

**Geography:**  
Your Country  
Factfile



Friday 26th

**PE Activity:**  
Shuttle Run  
Challenge

**Art:**  
Olympic Kit  
Design

# Making It Fair and Extra Points



To make our Olympic games fair and inclusive here is how we are going to score the activities;

- We are going to take the top 12 scores (6 boys, 6 girls) from each EYFS/ KS1 class
- We are going to take the top 10 scores (5 boys, 5 girls) from each LKS2 class (Y3 and 4)
- We are going to take the top 8 scores (4 boys, 4 girls) from each UKS2 class (Y 5 and 6)

We want the children to do all the activities. We don't want to keep choosing the same child's score each day. We will take a maximum of two high scores per child and then we will start choosing others childrens scores from the class. The aim is to have as many different children from their Team contributing as much as possible.

**Extra Points:** If you tweet us a video or picture of you completing the non PE activity task you will earn your team an extra **20 points!**





# Monday 22nd



## PE Activity: Standing Long Jump

Equipment: Measuring Tape

Follow the link and find 'Olympic Games: The Standing Long Jump' video (You may have to click on the 'Videos' tab next to the 'Home' tab) Follow the instructions on the video and give it your best effort! Remember you can have as many goes as possible!

If you are in KS1 and KS2, record your score on the Google Doc your class teacher shared with you on Google Classroom. If you are in EYFS you are sharing your scores on the google form that has been sent out to you.

Mr Jeff Youtube link -

<https://www.youtube.com/channel/UCU827DZHDTnUYwohUiONhiA>

## Science Activity

Can you make a healthy meal with your family. What ingredients are in it? Why are these ingredients healthy? Did you enjoy it? Could this meal use ingredients that are from your country?

Tweet @BandBschool a photo or video. Mr Jeff will be monitoring twitter and record any additional points to be given out.



# Tuesday 23rd



## PE Activity: Jumping Combination

Equipment: Measuring Tape

Follow the link and find 'Olympic Games: Jumping Combination' video (You may have to click on the 'Videos' tab next to the 'Home' tab) Follow the instructions on the video and give it your best effort! Remember you can have as many goes as possible!

If you are in KS1 and KS2 record your score on the Google Doc your class teacher shared with you on Google Classroom. If you are in EYFS you are sharing your scores on the google form that has been sent out to you.

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## English Activity

Have a go at writing a set of rules for the Olympics. If you were to plan an Olympic games, what do you think the rules should be? Can you think of what the most important rules are and have them higher up your list? You can just say them if you like.

Tweet @BandBschool a photo or video. Mr Jeff will be monitoring twitter and record any additional points to be given out.



# Wednesday 24th



## PE Activity: Vertical Wall Jump

Equipment: Measuring Tape

Follow the link and find 'Olympic Games: Vertical Wall Jump' video (You may have to click on the 'Videos' tab next to the 'Home' tab) Follow the instructions on the video and give it your best effort! Remember you can have as many goes as possible!

If you are in KS1 and KS2, record your score on the Google Doc your class teacher shared with you on Google Classroom. If you are in EYFS you are sharing your scores on the google form that has been sent out to you.

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## Design Technology Activity

Using items from around your home or in school, can you design and create your own Olympic medal? E.g



# REMEMBER TO RECORD YOUR SCORES!!

I have seen a lot of children looking at the slides and doing the activities but there are still a lot of empty spaces on the scoresheets. If you don't fill them in, your team will not get any points!!

Remember when recording your jumping scores, if you jumped 1.20m you need to write your score in the score sheet as **120**.





# Friday 26th



## PE Activity

Equipment: Measuring tape, two objects and stopwatch/timer

Follow the link and find 'Olympic Games: Shuttle Runs' video (You may have to click on the 'Videos' tab next to the 'Home' tab) Follow the instructions on the video and give it your best effort! Remember you can have as many goes as possible!

If you are in KS1 and KS2 record your score on the Google Doc your class teacher shared with you on Google Classroom. If you are in EYFS you are sharing your scores on the google form that has been sent out to you.

Mr Jeff Youtube link -

<https://www.youtube.com/channel/UCU827DZHDTnUYwohUiONhiA>

## Art Activity

**EYFS/KS1:** Using items from around your house or in school can you make a collage/paint/colour of your country's flag?



**KS2:** Design and colour/paint your own kit that an Olympian from your team will wear. Look at your country's flag for inspiration and colours



# REMEMBER TO RECORD YOUR SCORES!!

I have seen a lot of children looking at the slides and doing the activities but there are still a lot of empty spaces on the scoresheets. If you don't fill them in your team will not get any points!! **The deadline is TODAY at 3pm!!!!**

Remember to tweet





**GOOD LUCK**

